

## COVID-19 UPDATE, MARCH 11, 2020

This morning the Stanislaus County Public Health received **confirmation that two adult male residents of Stanislaus County have tested positive for the novel (new) coronavirus** by the California Department of Public Health (CDPH). These tests will be confirmed by the Centers for Disease Control and Prevention (CDC).

One person was a passenger on the Grand Princess Cruise to Mexico and one has no history of travel to a country with known community transmission and no known contact with a confirmed COVID-19 case. Stanislaus County Public Health is working to determine the source of the individual's infection and is conducting contact investigations for both.

We understand there are several pending COVID-19 tests in the county and monitoring of individuals. **At this time, there are no known cases at the schools or district offices.** We take this very seriously and will continue to take precautions in our regular cleaning and disinfecting schools and offices. **Currently all schools are open and well students are expected to attend class.** We will continue to work in collaboration with the Public Health Officer and the Stanislaus County Office of Education to keep our students and staff safe, and will keep the public up-dated, as more information is available.

We are restricting/cancelling all non-essential, previously **approved** out-of-county travel and field trips to locations that have confirmed "2 or more community spread" cases (i.e., counties of Contra Costa, Riverside, Sacramento, San Mateo, Santa Clara, Solano, San Francisco, Yolo; Seattle, WA etc.). The list of locations experiencing community spread will be reviewed daily.

Public Health recommends the following daily measures to reduce the risk of getting sick:

- Wash hands with soap and water for at least 20 seconds, or use hand sanitizer
- Cover your cough or sneeze
- Stay home if you are sick
- Get your flu shot to protect against flu or symptoms similar to COVID-19
- Try alternatives to shaking hands, like an elbow bump or wave
- If you have recently returned from a country with ongoing COVID-19 infections, monitor your health and follow the instructions of public health officials.
- Healthy people should not be excluded from activities based on their race, country of origin, or recent travel

Anyone medically fragile or with respiratory symptoms, such as a cough, sore throat, or fever, should stay home, practice proper cough etiquette and hand hygiene, and limit their contact with other people. If your symptoms become more severe and you need medical attention, call your provider first.

Stanislaus County Public Health is working closely with CDPH, CDC, and other partners as this continues to be a rapidly evolving situation.